

RESULTS - Thursday 26th November 09

Positions				Time	Name	Surname	Cat.	Club
Race	M/F	Cat	No:					
1	1	1	371	16:43	Steve	McKEOWN	MV40	North Herts Road Runners
2	2	1	286	16:52	Stephen	KEMBLE	MV50	Garden City Runners
3	3	2	228	16:59	Terry	FOWLER	MV40	Garden City Runners
4	4	3	284	17:10	Chris	MANNING	MV40	Barnet & District AC
5	5	4	239	17:21	Andrew	KELLEHER	MV40	Barnet & District AC
6	6	5	39	17:23	Peter	SIBBETT	MV40	North Herts Road Runners
7	7	6	240	18:35	James	WALSH	MV40	North Herts Road Runners
8	8	7	105	18:36	Jeremy	RACKHAM	MV40	Stevenage & North Herts AC
9	9	8	141	18:38	Adrian	SHERWOOD	MV40	North Herts Road Runners
10	10	2	142	18:40	Mike	RUSSELL	MV50	FVS Tri
11	11	9	433	18:41	Adrian	GILL	MV40	
12	1	1	372	18:43	Astrid	McKEOWN	FV35	North Herts Road Runners
13	12	10	272	18:46	Godfrey	TOFTS	MV40	Royston Runners
14	13	3	285	18:59	Stewart	BRYANT	MV50	North Herts Road Runners
15	14	11	273	19:05	Vince	LONG	MV40	Royston Runners
16	15	12	48	19:08	Nicholas	MALPELI	MV40	North Herts Road Runners
17	2	2	201	19:25	Jo	LAING	FV35	Fairlands Valley Spartans
18	16	4	49	19:37	Peter	BEATTY	MV50	Bishops Stortford Running Club
19	17	13	167	19:39	Richard	THACKERAY	MV40	North Herts Road Runners
20	18	14	413	19:41	Nick	GENEVER	MV40	Garden City Runners
21	19	5	112	19:44	Patrick	BIRD	MV50	
22	20	6	83	19:45	Steve	WILLIAMS	MV50	Garden City Runners
23	3	3	217	19:47	Elizabeth	McKIE	FV35	St Albans Striders
24	21	15	266	19:59	John	RUSSELL	MV40	North Herts Road Runners
25	4	4	106	20:07	Nicola	FROUD	FV35	Barnet & District AC
26	22	7	296	20:15	Paul	GREEN	MV50	Royston Runners
27	23	1	153	20:18	Michael	DIXON	MV60	Herts Phoenix
28	24	16	439	20:19	Richard	HAZELDENE	MV40	Fairlands Valley Spartans
29	25	17	216	20:20	Dave	STEPHENSON	MV40	Fairlands Valley Spartans
30	26	2	268	20:21	Stewart	SMITHER	MV60	North Herts Road Runners
31	27	18	166	20:24	Roger	PARTRIDGE	MV40	Ware Joggers
32	28	8	299	20:24	Gerry	CORRANCE	MV50	FVS Tri
33	29	3	254	20:57	Richard	BLOOM	MV60	Herts Phoenix
34	30	9	118	20:58	Jim	BROWN	MV50	Fairlands Valley Spartans
35	31	10	310	21:02	Chris	PRIESTLEY	MV50	North Herts Road Runners
36	32	19	248	21:05	Michael	MELLO	MV40	North Herts Road Runners
37	5	5	391	21:07	Vikki	HARRISON	FV35	David Lloyd Pacers
38	33	20	265	21:10	Colin	CALCUTT	MV40	North Herts Road Runners
39	34	21	262	21:13	Pete	EAMES	MV40	FVS Tri
40	6	1	19	21:14	Pauline	MICHAEL	FV45	Barnet & District AC
41	35	22	362	21:19	Costa	MICHAEL	MV40	Barnet & District AC
42	36	11	253	21:39	Rick	HOLE	MV50	Garden City Runners
43	37	12	101	21:45	David	NEWMAN	MV50	Garden City Runners
44	7	6	179	21:50	Karen	MURPHY	FV35	Barnet & District AC
45	8	2	46	21:56	Celia	FINDLAY	FV45	David Lloyd Pacers
46	38	4	63	21:58	John	SHIRLEY	MV60	Barnet & District AC
47	39	23	275	22:00	Mark	BEASLEY	MV40	Fairlands Valley Spartans
48	40	13	123	22:06	Glenn	MILLER	MV50	Royston Runners
49	41	5	9	22:07	Roger	BIGGS	MV60	Fairlands Valley Spartans
50	9	7	13	22:11	Heather	DAWSON	FV35	Barnet & District AC
51	42	14	208	22:12	Mark	GOODWIN	MV50	Fairlands Valley Spartans
52	43	24	28	22:18	Sean	GRIFFIN	MV40	Fairlands Valley Spartans
53	44	6	150	22:19	Nigel	BUSH	MV60	Biggleswade AC
54	10	3	369	22:43	Yvonne	JONES	FV45	Garden City Runners
55	45	25	341	22:52	Duncan	HOOKER	MV40	North Herts Road Runners
56	11	4	11	22:56	Christine	FEELY	FV45	Fairlands Valley Spartans
57	46	26	453	23:00	Tony	ARGYROU	MV40	Fairlands Valley Spartans
58	47	27	135	23:20	Paul	BOWAL	MV40	North Herts Road Runners
59	48	15	15	23:28	John	CLARKE	MV50	Barnet & District AC
60	49	16	289	23:28	David	ROSS	MV50	North Herts Road Runners
61	12	5	412	23:31	Sue	WILLIAMS	FV45	David Lloyd Pacers

62	13	6	189	23:32	Christine	McCULLOUGH	FV45	Fairlands Valley Spartans
63	50	7	330	23:34	Robert	SHAW	MV60	Fairlands Valley Spartans
64	51	28	424	23:39	Tim	BROWN	MV40	
65	52	17	93	23:48	John	DAVIS	MV50	Garden City Runners
66	14	8	339	24:20	Carole	MOONEY	FV35	St Albans Striders
67	53	18	10	24:26	Paul	HOLGATE	MV50	Fairlands Valley Spartans
68	54	8	348	24:27	Ian	SUTCLIFFE	MV60	North Herts Road Runners
69	55	29	307	24:30	Philip	RUSHTON	MV40	Fairlands Valley Spartans
70	15	7	41	24:32	Rachel	ANNETTS	FV45	North Herts Road Runners
71	56	30	40	24:32	Martyn	ANNETTS	MV40	North Herts Road Runners
72	57	19	27	24:42	Colin	NAMAN	MV50	Ware Joggers
73	58	20	365	24:48	Michael	CONNELL	MV50	Fairlands Valley Spartans
74	16	9	61	25:02	Jane	WILSON	FV35	Ware Joggers
75	59	31	445	25:03	Paul	HUNT	MV40	
76	17	10	122	25:07	Nicky	KEMP	FV35	North Herts Road Runners
77	18	1	233	25:09	Brenda	HASKELL	FV55	
78	19	11	168	25:33	Lisa	THACKERAY	FV35	North Herts Road Runners
79	60	32	8	25:35	Tony	WILLSON	MV40	Fairlands Valley Spartans
80	61	9	191	26:09	Tony	OSBORNE	MV60	Fairlands Valley Spartans
81	20	2	51	27:06	Rita	WILLIAMS	FV55	Ware Joggers
82	21	12	419	27:15	Lisa	BROWN	FV35	David Lloyd Pacers
83	22	13	276	27:16	Dania	HEATH	FV35	Fairlands Valley Spartans
84	62	1	298	27:21	Dave	BEANE	MV70	Garden City Runners
85	63	33	414	27:22	Alan	RIDGWAY	MV40	Fairlands Valley Spartans
86	23	8	183	27:24	Sharon	CROWLEY	FV45	Fairlands Valley Spartans
87	24	3	291	27:28	Pauline	DIMMOCK	FV55	Fairlands Valley Spartans
88	25	4	64	27:36	Maureen	SHIRLEY	FV55	Barnet & District AC
89	26	9	446	27:38	Jeanette	COLLINS	FV45	Fairlands Valley Spartans
90	27	14	114	27:39	Sarah	McLAUGHLIN	FV35	Fairlands Valley Spartans
91	28	10	7	27:48	Tessa	STEPHENSON	FV45	Fairlands Valley Spartans
92	29	11	222	27:52	Vanessa	ROLFE	FV45	North Herts Road Runners
93	64	34	376	27:56	Steve	BLACKWELL	MV40	
94	30	1	56	28:04	Iris	HORNSEY	FV65	Fairlands Valley Spartans
95	31	12	207	28:12	Julie	GOODWIN	FV45	Fairlands Valley Spartans
96	32	15	420	28:27	Penny	ARMSTRONG	FV35	Fairlands Valley Spartans
97	33	13	245	28:34	Christine	SHARP	FV45	North Herts Road Runners
98	65	21	243	29:17	Brian	JUDKINS	MV50	North Herts Road Runners
99	34	14	336	29:20	Judith	WETHERILL	FV45	
100	35	15	124	29:41	Maureen	MILLER	FV45	Royston Runners
101	66	2	237	29:55	Chas	AVIS	MV70	Royston Runners
102	36	16	306	30:08	Maria	RUSHTON	FV35	Fairlands Valley Spartans
103	67	35	213	30:37	Andy	PRIOR	MV40	Fairlands Valley Spartans
104	68	3	31	30:47	Roy	STRINGER	MV70	Ware Joggers
105	37	5	448	31:44	Ann	WANNACOTT	FV55	North Herts Road Runners
106	38	16	126	31:54	Catherine	SCOTT	FV45	Barnet & District AC
107	39	17	302	32:42	Pippa	OWEN	FV35	Fairlands Valley Spartans
108	40	2	32	33:16	Val	STRINGER	FV65	Ware Joggers
109	41	17	426	33:44	Helen	O'SULLIVAN	FV45	Fairlands Valley Spartans

**V35 LADIES**

1	372	18:43	Astrid	McKEOWN	FV35	North Herts Road Runners
2	201	19:25	Jo	LAING	FV35	Fairlands Valley Spartans
3	217	19:47	Elizabeth	McKIE	FV35	St Albans Striders

**V40 MEN**

1	228	16:59	Terry	FOWLER	MV40	Garden City Runners
2	284	17:10	Chris	MANNING	MV40	Barnet & District AC
3	239	17:21	Andrew	KELLEHER	MV40	Barnet & District AC

**V45 LADIES**

1	19	21:14	Pauline	MICHAEL	FV45	Barnet & District AC
2	46	21:56	Celia	FINDLAY	FV45	David Lloyd Pacers
3	369	22:43	Yvonne	JONES	FV45	Garden City Runners

**V50 MEN**

1	286	16:52	Stephen	KEMBLE	MV50	Garden City Runners
2	142	18:40	Mike	RUSSELL	MV50	FVS Tri
3	285	18:59	Stewart	BRYANT	MV50	North Herts Road Runners

**V55 LADIES**

1	233	25:09	Brenda	HASKELL	FV55	
2	51	27:06	Rita	WILLIAMS	FV55	Ware Joggers
3	291	27:28	Pauline	DIMMOCK	FV55	Fairlands Valley Spartans

**V60 MEN**

1	153	20:18	Michael	DIXON	MV60	Herts Phoenix
2	268	20:21	Stewart	SMITHER	MV60	North Herts Road Runners
3	254	20:57	Richard	BLOOM	MV60	Herts Phoenix

**V65 LADIES**

1	56	28:04	Iris	HORNSEY	FV65	Fairlands Valley Spartans
2	32	33:16	Val	STRINGER	FV65	Ware Joggers

**V70 MEN**

1	298	27:21	Dave	BEANE	MV70	Garden City Runners
2	237	29:55	Chas	AVIS	MV70	Royston Runners
3	31	30:47	Roy	STRINGER	MV70	Ware Joggers

## VETS TEAM RESULTS - MEN

### 1 NORTH HERTS ROAD RUNNERS 'A'

1	371	16:43	Steve	McKEOWN	MV40
6	39	17:23	Peter	SIBBETT	MV40
7	240	18:35	James	WALSH	MV40
9	141	18:38	Adrian	SHERWOOD	MV40
13	285	18:59	Stewart	BRYANT	MV50
Total	<u>36</u>				

### 2 GARDEN CITY RUNNERS 'A'

2	286	16:52	Stephen	KEMBLE	MV50
3	228	16:59	Terry	FOWLER	MV40
18	413	19:41	Nick	GENEVER	MV40
20	83	19:45	Steve	WILLIAMS	MV50
36	253	21:39	Rick	HOLE	MV50
Total	<u>79</u>				

### 3 NORTH HERTS ROAD RUNNERS 'B'

15	48	19:08	Nicholas	MALPELI	MV40
17	167	19:39	Richard	THACKERAY	MV40
21	266	19:59	John	RUSSELL	MV40
26	268	20:21	Stewart	SMITHER	MV60
31	310	21:02	Chris	PRIESTLEY	MV50
Total	<u>110</u>				

4	130	BARNET & DISTRICT 'A'			
5	154	ROYSTON RUNNERS 'A'			
6	159	FAIRLANDS VALLEY SPARTANS 'A'			
7	206	NORTH HERTS ROAD RUNNERS 'C'			
8	234	FAIRLANDS VALLEY SPARTANS 'B'			
9	297	FAIRLANDS VALLEY SPARTANS 'C'			

## VETS TEAM RESULTS - WOMEN

### 1 BARNET & DISTRICT AC 'A'

4	106	20:07	Nicola	FROUD	FV35
6	19	21:14	Pauline	MICHAEL	FV45
7	179	21:50	Karen	MURPHY	FV35
Total	<u>17</u>				

### 2 DAVID LLOYD PACERS

5	391	21:07	Vikki	HARRISON	FV35
8	46	21:56	Celia	FINDLAY	FV45
12	412	23:31	Sue	WILLIAMS	FV45
Total	<u>25</u>				

### 3 FAIRLANDS VALLEY SPARTANS 'A'

2	201	19:25	Jo	LAING	FV35
11	11	22:56	Christine	FEELY	FV45
13	189	23:32	Christine	McCULLOUGH	FV45
Total	<u>26</u>				

4	33	NORTH HERTS ROAD RUNNERS 'A'			
5	69	FAIRLANDS VALLEY SPARTANS 'B'			
6	72	BARNET & DISTRICT AC 'B'			
7	76	WARE JOGGERS 'A'			
8	81	NORTH HERTS ROAD RUNNERS 'B'			
9	81	FAIRLANDS VALLEY SPARTANS 'C'			
10	93	FAIRLANDS VALLEY SPARTANS 'D'			
11	116	FAIRLANDS VALLEY SPARTANS 'E'			